

OVERALL PLACING

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|-------|----------------|---------------------|--|-----|-----------------------------------|---------------------------|------------|
| PLACE | BIB# | LEG | NAME | | CITY | SPLIT TIME | FINAL TIME |
| 1 | 247 | SWIM BIKE RUN | KELLY GUEST | 72 | VICTORIA | 19:18 57:01 36:00 | 1:52:19 |
| 2 | 201 | SWIM BIKE RUN | DAVE DAWSON | | SALMONARM | 24:06 58:17 36:55 | 1:59:18 |
| 3 | 226 | SWIM BIKE RUN | MAURICE MAHER | | KAMLOOPS | 23:59 1:00:04 36:07 | 2:00:10 |
| 4 | 77 77 77 | SWIM BIKE RUN | JOHN WINTERDYKE PETE LEIBEL FRANK ACKERMAN | 152 | CALGARY CRANBROOK KIMBERLEY | 24:58 58:44 37:50 | 2:01:32 |
| 5 | 101 | SWIM BIKE RUN | TREVOR WILLIAMS | 98 | CRANBROOK | 23:44 59:39 38:50 | 2:02:13 |
| 6 | 131 | SWIM BIKE RUN | TONY SMITH | | CALGARY | 22:02 1:02:10 38:37 | 2:02:49 |
| 7 | 214 | SWIM BIKE RUN | GORD MORRISON | | EDMONTON | 23:59 59:30 43:11 | 2:06:40 |
| 8 | 238 | SWIM BIKE RUN | JOE WESSEL | | OLIVER | 25:11 1:03:29 39:06 | 2:07:46 |
| 9 | 249 | SWIM BIKE RUN | JASON ALDERMAN | | CALGARY | 26:00 1:05:09 37:01 | 2:08:10 |
| 10 | 198 | SWIM BIKE RUN | DARREN BERRETH | | EDMONTON | 26:14 1:04:14 38:28 | 2:08:56 |
| 11 | 251 | SWIM BIKE RUN | HANS DAVINA | | KELOWNA | 26:43 1:02:44 40:04 | 2:09:31 |
| 12 | 152 | SWIM BIKE RUN | JOHN WINTERDYK | 77 | CALGARY | 25:46 1:04:06 39:53 | 2:09:45 |
| 13 | 105 | SWIM BIKE RUN | HAI KUNTZE | | CALGARY | 25:29 1:04:21 40:13 | 2:10:03 |

| PLACE | BIB# | LEG | NAME | CITY | SPLIT TIME | FINAL TIME |
|-------|------|------|-------------------------|-------------------|------------|------------|
| 14 | 97 | SWIM | SHERRY KLEMES | JESUS KIMBERLEY | 24:55 | |
| | 97 | BIKE | PAUL KLEMES | JOSEPH KIMBERLEY | 1:06:31 | |
| | 97 | RUN | MICHAEL MEINIG AND MARY | KIMBERLEY | 38:43 | 2:10:09 |
| 15 | 114 | SWIM | MARCUS LEMASTER | CALGARY | 22:46 | |
| | | BIKE | | | 1:05:08 | |
| | | RUN | | | 42:25 | 2:10:19 |
| 16 | 220 | SWIM | SCOTT GAISER | KALISPELL | 26:06 | |
| | | BIKE | | | 1:04:06 | |
| | | RUN | | | 40:32 | 2:10:44 |
| 17 | 73 | SWIM | TOMMY SALIKEN | TEAM CRANBROOK | 23:52 | |
| | 73 | BIKE | KEIVJI JACKSON | A-TAK CRANBROOK | 1:02:56 | |
| | 73 | RUN | ANTONIA GRADY | CRANBROOK | 43:59 | 2:10:47 |
| 18 | 224 | SWIM | ADLAI MAYER | CALGARY | 25:15 | |
| | | BIKE | | | 1:05:12 | |
| | | RUN | | | 40:28 | 2:10:55 |
| 19 | 141 | SWIM | GEOFF BADGER | 93 CALGARY | 24:30 | |
| | | BIKE | | | 1:06:22 | |
| | | RUN | | | 40:07 | 2:10:59 |
| 20 | 213 | SWIM | MARK WOOD | EDMONTON | 27:34 | |
| | | BIKE | | | 1:04:57 | |
| | | RUN | | | 39:18 | 2:11:49 |
| 21 | 102 | SWIM | BARB SCATCHARD | PENTICTON | 24:47 | |
| | | BIKE | | | 1:05:24 | |
| | | RUN | | | 41:40 | 2:11:51 |
| 22 | 200 | SWIM | DAVID LANGFORD | VERNON | 27:18 | |
| | | BIKE | | | 1:04:10 | |
| | | RUN | | | 41:31 | 2:12:59 |
| 23 | 162 | SWIM | SEAN C ORB | SPARWOOD | 21:41 | |
| | | BIKE | | | 1:05:45 | |
| | | RUN | | | 46:23 | 2:13:49 |
| 24 | 88 | SWIM | KAREN FAHRNI | EDGEWATER | 22:12 | |
| | 88 | BIKE | JILL PERRY | EXTREME EDGEWATER | 1:10:06 | |
| | 88 | RUN | ROB LUBIE | TEAM EDGEWATER | 42:33 | 2:14:51 |
| 25 | 126 | SWIM | LINDA CUDA | CALGARY | 27:10 | |
| | | BIKE | | | 1:06:32 | |
| | | RUN | | | 41:11 | 2:14:53 |
| 26 | 216 | SWIM | MARK WILSON | CALGARY | 29:28 | |
| | | BIKE | | | 1:05:00 | |
| | | RUN | | | 41:32 | 2:16:00 |

| PLACE | BIB# | LEG | NAME | CITY | SPLIT TIME | FINAL TIME |
|-------|----------------|---------------------|---|-------------------------------------|---------------------------|------------|
| 27 | 175 | SWIM BIKE RUN | JARED GREEN | CALGARY | 26:32 1:04:57 44:43 | 2:16:12 |
| 28 | 100 | SWIM BIKE RUN | JEREMY TUCKER | LETHBRIDG | 22:16 1:05:26 49:09 | 2:16:51 |
| 29 | 217 | SWIM BIKE RUN | BRAD SMITH | CALGARY | 28:28 1:06:52 41:53 | 2:17:13 |
| 30 | 212 | SWIM BIKE RUN | JODY ANDERSON | EDMONTON | 27:41 1:07:52 42:13 | 2:17:46 |
| 31 | 104 | SWIM BIKE RUN | JOE HILDES | WINDERMER | 25:13 1:04:34 48:17 | 2:18:04 |
| 32 | 72 72 72 | SWIM BIKE RUN | KELLY GUEST 247 LLOYDS BOB AYELSWORTH GUYS ROSS GUEST | VICTORIA KELOWNA SKOOKUMCH | 19:18 1:07:56 51:06 | 2:18:20 |
| 33 | 176 | SWIM BIKE RUN | TANYA SALOMON | CALGARY | 26:57 1:07:09 44:17 | 2:18:23 |
| 34 | 98 98 98 | SWIM BIKE RUN | TREVOR WILLIAMS-101 FRED CLARK FUNGUS BRUCE WILLIAMS | CRANBROOK CRANBROOK CRANBROOK | 23:32 1:07:16 47:47 | 2:18:35 |
| 35 | 165 | SWIM BIKE RUN | MICHAEL SHEPLEY | CALGARY | 27:08 1:04:21 47:14 | 2:18:43 |
| 36 | 194 | SWIM BIKE RUN | ROBERT SAVIN | CALGARY | 27:06 1:09:17 44:11 | 2:20:34 |
| 37 | 154 | SWIM BIKE RUN | JILL HUNT | CALGARY | 26:18 2:20:37 | 2:20:37 |
| 38 | 187 | SWIM BIKE RUN | RUSSEL LOCKHART 92 | CRANBROOK | 26:13 1:05:11 49:17 | 2:20:41 |
| 39 | 239 | SWIM BIKE RUN | JACK WESSEL | OLIVER | 32:37 1:08:13 40:15 | 2:21:05 |

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|-------|----------------|---------------------|--|-----------------------|--------------------------------|---------------------------|---------|
| 40 | 119 | SWIM BIKE RUN | BARB RANKIN | CALGARY | 27:30 1:10:13 43:27 | 2:21:10 | |
| 41 | 94 94 94 | SWIM BIKE RUN | MIKE VALLIS KAREN THOMAS DUNCAN MAISEILS | MIKE KAREN DUNC | CALGARY BLAIRMORE FERNIE | 27:06 1:13:18 41:08 | 2:21:32 |
| 42 | 233 | SWIM BIKE RUN | IAN PERRIMAN | INVERMERE | 27:36 1:09:23 44:43 | 2:21:42 | |
| 43 | 241 | SWIM BIKE RUN | STEFANIE BICHSEL | CALGARY | 27:55 1:08:48 45:28 | 2:22:11 | |
| 44 | 172 | SWIM BIKE RUN | DAVE JAEGER | RED DEER | 25:04 1:09:21 48:29 | 2:22:54 | |
| 45 | 203 | SWIM BIKE RUN | JOHN GROVER | KAMLOOPS | 23:14 1:07:47 52:08 | 2:23:09 | |
| 46 | 168 | SWIM BIKE RUN | BRENT TUCKER | CALGARY | 29:04 1:10:15 45:44 | 2:25:03 | |
| 47 | 161 | SWIM BIKE RUN | KEVIN MELANSON | MISSION | 31:44 1:10:28 42:55 | 2:25:07 | |
| 48 | 120 | SWIM BIKE RUN | SCOTT HUGHES | CALGARY | 30:08 1:10:38 44:30 | 2:25:16 | |
| 49 | 143 | SWIM BIKE RUN | PETER WARREN | SUNDRIE | 29:05 1:09:22 47:00 | 2:25:27 | |
| 50 | 139 | SWIM BIKE RUN | MATT THOMPSON | CALGARY | 29:06 1:10:24 46:27 | 2:25:57 | |
| 51 | 166 | SWIM BIKE RUN | MARCIA WILSON | KAMLOOPS | 28:06 1:12:13 46:01 | 2:26:20 | |
| 52 | 107 | SWIM BIKE RUN | LES WINGERTER | LETHBRIDG | 29:56 1:08:06 48:28 | 2:26:30 | |

| PLACE | BIB# | LEG | NAME | CITY | SPLIT TIME | FINAL TIME |
|-------|------|---------------------|------------------------|---------------|---------------------------|------------|
| 53 | 219 | SWIM BIKE RUN | MATHEW ROGERS | CALGARY | 30:07 1:10:07 47:16 | 2:27:30 |
| 54 | 225 | SWIM BIKE RUN | TARI MAYER | CALGARY | 28:07 2:27:53 | 2:27:53 |
| 55 | 92 | SWIM | RUSS LOCKHART 187 TEAM | CRANBROOK | 24:49 | |
| | 92 | BIKE | JOHN MANDRYK RJD | CRANBROOK | 1:14:55 | |
| | 92 | RUN | DEBBIE MANDRYK | CRANBROOK | 48:15 | 2:27:59 |
| 56 | 86 | SWIM | CAROL FLOWERS | CDR KIMBERLEY | 32:26 | |
| | 86 | BIKE | DELIA CHRISTIANSON | KIMBERLEY | 1:10:27 | |
| | 86 | RUN | KATHY PASQUA | KIMBERLEY | 45:16 | 2:28:09 |
| 57 | 248 | SWIM BIKE RUN | ALEX LINK | GOLDEN | 1:41:30 46:51 | 2:28:21 |
| 58 | 174 | SWIM BIKE RUN | JAMES FRAIL | CALGARY | 30:17 1:08:04 50:34 | 2:28:55 |
| 59 | 229 | SWIM BIKE RUN | RON BALDREY | CALGARY | 31:29 1:09:29 48:20 | 2:29:18 |
| 60 | 250 | SWIM BIKE RUN | SEBASTIEN ROY | LK LOUISE | 34:12 1:11:26 43:45 | 2:29:23 |
| 61 | 231 | SWIM BIKE RUN | JAMIE HUGHES | WASA | 33:09 1:12:09 44:06 | 2:29:24 |
| 62 | 89 | SWIM | MATTHEW WILSON | MATT GOLDEN | 24:38 | |
| | 89 | BIKE | ALLISON WEBB | ALL GOLDEN | 1:21:56 | |
| | 89 | RUN | DEVIN TISDALE | DEV GOLDEN | 42:58 | 2:29:32 |
| 63 | 228 | SWIM BIKE RUN | DANIEL MACGREGOR | CALGARY | 24:44 1:11:24 53:33 | 2:29:41 |
| 64 | 103 | SWIM BIKE RUN | DAN GODLIEN | INVERMERE | 33:36 1:06:56 49:19 | 2:29:51 |
| 65 | 223 | SWIM BIKE RUN | HEATHER SHEDDER | CALGARY | 24:57 1:16:06 48:55 | 2:29:58 |

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|-------|------|------|-----------------|-------------------|------------|------------|
| 66 | 81 | SWIM | LYNN MILLER | WORK IN FERNIE | 29:06 | |
| | 81 | BIKE | SUE VAN EVRAN | PROGRESS FERNIE | 1:08:33 | |
| | 81 | RUN | LYNN MILLER | FERNIE | 52:25 | 2:30:04 |
| 67 | 118 | SWIM | GORDON RANKIN | CALGARY | 33:50 | |
| | | BIKE | | | 1:11:33 | |
| | | RUN | | | 44:46 | 2:30:09 |
| 68 | 87 | SWIM | CAROLYN HAWES | YOGEE & INVERMERE | 34:05 | |
| | 87 | BIKE | BOB HAWES | BOO BOO INVERMERE | 1:13:38 | |
| | 87 | RUN | ALAN DIBB | INVERMERE | 42:47 | 2:30:30 |
| 69 | 215 | SWIM | ANDREA DEVROME | CALGARY | 33:36 | |
| | | BIKE | | | 1:11:00 | |
| | | RUN | | | 45:58 | 2:30:34 |
| 70 | 109 | SWIM | FRED FREHNER | ELKO | 28:30 | |
| | | BIKE | | | 1:12:59 | |
| | | RUN | | | 49:07 | 2:30:36 |
| 71 | 208 | SWIM | DAVID PAUL | CRANBROOK | 37:03 | |
| | | BIKE | | | 1:05:49 | |
| | | RUN | | | 47:49 | 2:30:41 |
| 72 | 150 | SWIM | MICHAEL ROSNER | CALGARY | 33:11 | |
| | | BIKE | | | 1:09:52 | |
| | | RUN | | | 47:47 | 2:30:50 |
| 73 | 180 | SWIM | LINDSAY MANDRYK | CRANBROOK | 27:08 | |
| | | BIKE | | | 1:16:42 | |
| | | RUN | | | 47:10 | 2:31:00 |
| 74 | 91 | SWIM | SASKIA ACTON | 106 GOLDEN GOLDEN | 28:55 | |
| | 91 | BIKE | MONIQUE LINK | TRI- GOLDEN | 1:10:00 | |
| | 91 | RUN | SANDRA BIRNIE | ANGLES GOLDEN | 52:08 | 2:31:03 |
| 75 | 170 | SWIM | GLEN MACEACHERN | CALGARY | 33:15 | |
| | | BIKE | | | 1:09:40 | |
| | | RUN | | | 48:22 | 2:31:17 |
| 76 | 193 | SWIM | CATHERINE ANGUS | CALGARY | 29:55 | |
| | | BIKE | | | 2:31:36 | |
| | | RUN | | | | 2:31:36 |
| 77 | 84 | SWIM | SOPHIE SMITH | THE YOUNG CRESTON | 31:03 | |
| | 84 | BIKE | ALEX NILSSON | AND THE CRESTON | 1:10:50 | |
| | 84 | RUN | ALEX NILSSON | OLD CRESTON | 50:07 | 2:32:00 |
| 78 | 169 | SWIM | MIKE NASH | CALGARY | 32:46 | |
| | | BIKE | | | 1:14:34 | |
| | | RUN | | | 44:56 | 2:32:16 |

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| 79 | 99 | SWIM | BARB BANTING | STEEPLE CRANBROOK | 31:39 | |
| | 99 | BIKE | ANN HISLOP | CHASERS CRANBROOK | 1:12:01 | |
| | 99 | RUN | JOELLEN FLOER | CRANBROOK | 48:38 | 2:32:18 |
| 80 | 173 | SWIM | BRIAN LEE | EDMONTON | 29:55 | |
| | | BIKE | | | 1:12:54 | |
| | | RUN | | | 49:53 | 2:32:42 |
| 81 | 132 | SWIM | KEN SCHROEDER | GOLDEN | 39:39 | |
| | | BIKE | | | 1:06:51 | |
| | | RUN | | | 46:39 | 2:33:09 |
| 82 | 76 | SWIM | ANDREA BURROWS 184 | TECH CRANBROOK | 30:17 | |
| | 76 | BIKE | PONG JARUSSIRIRAT | NO MARYSVILL | 1:09:01 | |
| | 76 | RUN | CODY BROOKS | COWBOYS MARYSVILL | 54:02 | 2:33:20 |
| 83 | 227 | SWIM | SANDY MURPHY | CALGARY | 32:37 | |
| | | BIKE | | | 1:12:12 | |
| | | RUN | | | 48:45 | 2:33:34 |
| 84 | 121 | SWIM | SUSAN FRASER-HUGHES | CALGARY | 30:17 | |
| | | BIKE | | | 1:14:59 | |
| | | RUN | | | 48:26 | 2:33:42 |
| 85 | 108 | SWIM | KIM JOHNSTON | KAMLOOPS | 29:03 | |
| | | BIKE | | | 1:15:04 | |
| | | RUN | | | 49:37 | 2:33:44 |
| 86 | 244 | SWIM | DAVID ROE | CALGARY | 19:25 | |
| | | BIKE | | | 1:27:12 | |
| | | RUN | | | 47:19 | 2:33:56 |
| 87 | 199 | SWIM | SHAUNA BERRETH | EDMONTON | 28:22 | |
| | | BIKE | | | 1:07:20 | |
| | | RUN | | | 58:28 | 2:34:10 |
| 88 | 106 | SWIM | SASKIA ACTON | 91 GOLDEN | 31:14 | |
| | | BIKE | | | 1:12:08 | |
| | | RUN | | | 50:59 | 2:34:21 |
| 89 | 153 | SWIM | ROBERTA CREIGHTON | CHILLIWAC | 29:00 | |
| | | BIKE | | | 1:15:44 | |
| | | RUN | | | 49:38 | 2:34:22 |
| 90 | 156 | SWIM | CHRIS DEWAARD | CRANBROOK | 32:45 | |
| | | BIKE | | | 1:08:08 | |
| | | RUN | | | 53:42 | 2:34:35 |
| 91 | 191 | SWIM | BRUCE STROUD | WINDERMER | 27:28 | |
| | | BIKE | | | 1:15:02 | |
| | | RUN | | | 52:07 | 2:33:97 |

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| 92 | 124 | SWIM BIKE RUN | MIKE PRESS | CALGARY | 31:41 1:11:23 51:42 | 2:34:46 | |
| 93 | 140 | SWIM BIKE RUN | ROBERT G WARREN | SUNDRIE | 31:10 1:13:41 49:57 | 2:34:48 | |
| 94 | 218 | SWIM BIKE RUN | BRYAN SKRYPNEK | COCHRANE | 35:36 1:12:02 47:49 | 2:35:27 | |
| 95 | 252 | SWIM BIKE RUN | JOSEPH POWER | CALGARY | 27:41 1:10:29 57:35 | 2:35:45 | |
| 96 | 195 | SWIM BIKE RUN | DARREN HIRST | CALGARY | 33:55 1:08:24 53:26 | 2:35:45 | |
| 97 | 90 90 90 | SWIM BIKE RUN | DEBBIE RITCHIE CATHERINE FILLIS COLLEEN OSIOWY | DEB CATH COLL | CRANBROOK CRANBROOK CRANBROOK | 33:42 1:15:38 47:00 | 2:36:20 |
| 98 | 151 | SWIM BIKE RUN | BARRY ANDERSON | AIRDRIE | 28:33 1:25:24 42:29 | 2:36:26 | |
| 99 | 146 | SWIM BIKE RUN | JOLENE GORDON | CALGARY | 29:15 1:18:04 49:27 | 2:36:46 | |
| 100 | 181 | SWIM BIKE RUN | JOCELYN MANDRYK | CRANBROOK | 31:51 1:18:27 46:47 | 2:37:05 | |
| 101 | 177 | SWIM BIKE RUN | JULIE NEVILLE | INVERMERE | 37:29 1:10:33 49:21 | 2:37:23 | |
| 102 | 196 | SWIM BIKE RUN | KELLY MURPHY | CALGARY | 35:40 1:17:23 44:30 | 2:37:33 | |
| 103 | 96 96 96 | SWIM BIKE RUN | ALETA SALMON SHERRIE DEBOERSAP MARTINA BEZZOLA | GOLDEN GOLDEN GOLDEN | GOLDEN GOLDEN GOLDEN | 25:54 1:20:39 51:04 | 2:37:37 |
| 104 | 237 | SWIM BIKE RUN | ALEX DM CHAN | CRANBROOK | 37:46 1:09:11 50:42 | 2:37:39 | |

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| 105 | 232 | SWIM BIKE RUN | LARRY KERR | INVERMERE | 31:58 1:14:14 51:29 | 2:37:41 |
| 106 | 185 | SWIM BIKE RUN | VICTOR RITCHIE | CRANBROOK | 30:27 1:16:19 51:03 | 2:37:49 |
| 107 | 85 85 85 | SWIM BIKE RUN | ANDREW MAYES GRAND ANDREW MAYES GRANT SHEARD | CRANBROOK CRANBROOK CRANBROOK | 30:27 1:22:30 45:05 | 2:38:02 |
| 108 | 93 93 93 | SWIM BIKE RUN | GEOFF BADGER141WHOMPING TRUDY BADGER WAYNE IN COLEEN BADGER WASA!! | CALGARY CALGARY CALGARY | 23:38 1:21:32 52:56 | 2:38:06 |
| 109 | 145 | SWIM BIKE RUN | MICHELE WHITE | CALGARY | 31:36 1:16:02 50:31 | 2:38:09 |
| 110 | 207 | SWIM BIKE RUN | BOBBI DONISON | KELOWNA | 31:58 1:15:34 50:40 | 2:38:12 |
| 111 | 192 | SWIM BIKE RUN | KERRI HOLMES | NELSON | 33:37 1:15:45 49:03 | 2:38:25 |
| 112 | 142 | SWIM BIKE RUN | SHEILA GAIR | CALGARY | 31:29 1:16:36 51:36 | 2:39:41 |
| 113 | 149 | SWIM BIKE RUN | JOANNE MORIN | CALGARY | 33:19 1:15:36 50:46 | 2:39:41 |
| 114 | 133 | SWIM BIKE RUN | MARTIN SVEJDA | CALGARY | 36:02 1:11:04 52:48 | 2:39:54 |
| 115 | 128 | SWIM BIKE RUN | RICHARD ALLEN | MISSOULA | 30:14 1:17:20 53:08 | 2:40:42 |
| 116 | 204 | SWIM BIKE RUN | CHRIS HOWARD | CALGARY | 30:05 1:16:41 54:39 | 2:41:25 |
| 117 | 184 | SWIM BIKE RUN | ANDREA BURROWS 76 | CRANBROOK | 33:02 1:15:59 52:26 | 2:41:27 |

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| 118 | 245 | SWIM BIKE RUN | THERESE MILLER | CALGARY | 32:31 1:16:28 52:45 | 2:41:44 | |
| 119 | 115 | SWIM BIKE RUN | DARREN BROWN | AIRDRIE | 34:10 1:13:36 54:44 | 2:42:30 | |
| 120 | 148 | SWIM BIKE RUN | ALEX VINCENT | CALGARY | 36:09 1:16:24 51:42 | 2:44:15 | |
| 121 | 147 | SWIM BIKE RUN | WAYNE BADGER | CALGARY | 36:12 1:14:04 54:16 | 2:44:32 | |
| 122 | 210 | SWIM BIKE RUN | STU HOWARD | CRANBROOK | 36:33 1:11:12 57:04 | 2:44:49 | |
| 123 | 158 | SWIM BIKE RUN | FRED VOYSEY | FERNIE | 34:54 1:19:30 50:44 | 2:45:08 | |
| 124 | 179 | SWIM BIKE RUN | HUGH MCTAVISH | CALGARY | 36:18 1:16:18 52:35 | 2:45:11 | |
| 125 | 178 | SWIM BIKE RUN | BARB BROEN | CALGARY | 37:29 1:19:03 48:43 | 2:45:15 | |
| 126 | 95 95 95 | SWIM BIKE RUN | KAREN BIDDER BEV ANDERSON PATTI THYGUSEN | RESPITE MOMS KIMBERLEY | KIMBERLEY KIMBERLEY KIMBERLEY | 29:00 1:30:45 45:39 | 2:45:24 |
| 127 | 116 | SWIM BIKE RUN | TRAVIS DUGAL | LETHBRIDG | 37:09 1:15:47 52:30 | 2:45:26 | |
| 128 | 75 75 75 | SWIM BIKE RUN | ALBERT JUNCO MARK HUTCHISON LISA MEBS | TEAM REMEDIAL CALGARY | CALGARY CALGARY CALGARY | 21:09 1:17:01 1:07:32 | 2:45:42 |
| 129 | 240 | SWIM BIKE RUN | SANDRA BOOT | WINDERMER | 35:56 1:16:54 53:13 | 2:46:03 | |
| 130 | 206 | SWIM BIKE RUN | CAROLYN HAWES | INVERMERE | 37:47 1:21:06 48:05 | 2:46:58 | |

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| 131 | 243 | SWIM BIKE RUN | IAN COWLEY | PANORAMA | 27:55 1:31:14 48:21 | 2:47:30 |
| 132 | 211 | SWIM BIKE RUN | TARA MALISH | ELKFORD | 34:14 1:18:45 55:53 | 2:48:52 |
| 133 | 83 83 83 | SWIM BIKE RUN | ASHLEY LOVATT ROBERT SCHULTZ ASHLEY LOVATT | LIVE AND DO CALGARY BRAGG CR CALGARY | 23:17 2:49:04 | 2:49:04 |
| 134 | 82 82 82 | SWIM BIKE RUN | MARIE-CLAUDE GESSELEN HEATHER FUNNELL ROSEMARY BROWN | RADIUM ROOKIE RADIUM FEDS EDGEWATER | 33:15 1:19:24 56:29 | 2:49:08 |
| 135 | 130 | SWIM BIKE RUN | SOPHIA SMITH | CRESTON | 33:13 1:14:16 1:02:03 | 2:49:32 |
| 136 | 209 | SWIM BIKE RUN | JIM JOHNSON | CALGARY | 34:12 1:18:54 56:53 | 2:49:59 |
| 137 | 155 | SWIM BIKE RUN | KENN BEALE | SPOKANE | 29:30 1:18:14 1:02:19 | 2:50:03 |
| 138 | 190 | SWIM BIKE RUN | CARA PICTON | MARYSVILL | 33:21 1:15:58 1:00:55 | 2:50:14 |
| 139 | 79 79 79 | SWIM BIKE RUN | LEAH TARANGER 188 YVONNE KEYZER HANNA SANDER-GREEN | KIMBERLEY KIMBERLEY KIMBERLEY | 31:58 1:19:32 59:28 | 2:50:58 |
| 140 | 125 | SWIM BIKE RUN | DAMON BEAUCHAMP | PRINCETON | 35:00 1:15:34 1:00:47 | 2:51:21 |
| 141 | 127 | SWIM BIKE RUN | CHRIS NAKAHARA | CRANBROOK | 43:37 1:09:01 1:00:11 | 2:52:49 |
| 142 | 171 | SWIM BIKE RUN | DONNA SAWCHYN | CALGARY | 39:27 1:24:08 49:29 | 2:53:04 |
| 143 | 111 | SWIM BIKE RUN | ANDREA BRYGIN | KELOWNA | 36:45 1:22:55 54:44 | 2:54:24 |

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|-------|------|---------------------|----------------------|------------------|-----------------------------|------------|
| 144 | 122 | SWIM BIKE RUN | DON FRANTZ | LETHBRIDG | 34:32 1:22:55 57:50 | 2:55:17 |
| 145 | 230 | SWIM BIKE RUN | DUSAN GRASIC | INVERMERE | 49:24 1:12:06 54:23 | 2:55:53 |
| 146 | 157 | SWIM BIKE RUN | JACQUE-LYNNE JOHNSON | CALGARY | 33:03 1:22:02 1:02:45 | 2:57:50 |
| 147 | 160 | SWIM BIKE RUN | ED HUCMAN | CALGARY | 38:49 1:21:45 57:28 | 2:58:02 |
| 148 | 134 | SWIM BIKE RUN | LINDSY WAITE | INVERMERE | 34:32 1:01:33 1:24:00 | 3:00:05 |
| 149 | 202 | SWIM BIKE RUN | DIANE PACCHOMCHUK | SUMMERLAN | 34:56 1:21:49 1:05:30 | 3:02:15 |
| 150 | 78 | SWIM | JARI-LYN WEAVER | POOL CRANBROOK | 33:29 | |
| | 78 | BIKE | WENDY SCHULTEN | KAMPER CRANBROOK | 1:29:47 | |
| | 78 | RUN | JOAN MCKINNON | CHICKS CRANBROOK | 1:00:55 | 3:04:11 |
| 151 | 163 | SWIM BIKE RUN | WALTER ORB | VANCOUVER | 41:49 1:19:59 1:03:11 | 3:04:59 |
| 152 | 186 | SWIM BIKE RUN | DENISE LOWING | CRANBROOK | 37:03 1:33:20 54:42 | 3:05:05 |
| 153 | 234 | SWIM BIKE RUN | CATHERINE TAYLOR | CALGARY | 40:12 1:27:44 57:49 | 3:05:45 |
| 154 | 135 | SWIM BIKE RUN | PAUL LONG | CALGARY | 37:13 1:28:47 1:00:54 | 3:06:54 |
| 155 | 246 | SWIM BIKE RUN | AMBER SMITH | CRANBROOK | 32:52 1:24:31 1:09:52 | 3:07:15 |
| 156 | 183 | SWIM BIKE RUN | DON HENKER | CRANBROOK | 2:00:10 1:07:57 | 3:08:07 |

| PLACE | BIB# | LEG | NAME | CITY | SPLIT TIME | FINAL TIME |
|-------|------|---------------------|--------------------|-----------|-----------------------------|------------|
| 157 | 138 | SWIM BIKE RUN | SUSIE MITTON | CALGARY | 40:07 1:26:23 1:03:37 | 3:10:07 |
| 158 | 205 | SWIM BIKE RUN | ALISON HUTCHINSON | CALGARY | 37:30 1:30:37 1:02:32 | 3:10:39 |
| 159 | 189 | SWIM BIKE RUN | ALEIDA TWETEN | CALGARY | 39:54 1:23:42 1:10:08 | 3:13:44 |
| 160 | 222 | SWIM BIKE RUN | ANDREW HUDSON | CRANBROOK | 40:34 1:24:30 1:11:56 | 3:17:00 |
| 161 | 110 | SWIM BIKE RUN | MARJORIE WILDER | KELOWNA | 36:27 1:44:32 1:03:16 | 3:24:15 |
| 162 | 112 | SWIM BIKE RUN | MARYANNE SCHROEDER | GOLDEN | 48:30 1:28:36 1:10:04 | 3:27:10 |
| 163 | 113 | SWIM BIKE RUN | ELISE REEH | CALGARY | 40:09 1:44:28 1:11:01 | 3:35:38 |
| 164 | 123 | SWIM BIKE RUN | BRUCE WEBSTER | CARDSTON | 43:32 1:40:29 1:17:31 | 3:41:32 |